

Greetings from Gill at The Healing House

Reiki Healing and Neuroplasticity

Our brain is constantly wiring and rewiring new pathways of feeling, belief and thought ... these are known as neural pathways.

Some pathways of thought are deeply entrenched ... and unfortunately these are often pathways of "acquired instinctive reactions" to life and experiences.



Reiki Healing offers us Universal Life-Force energy which supports the flow and empowerment to our innate ability to heal.

With that enhanced flow we have the opportunity to experience emotional, mental, physical and spiritual balance and wellbeing.

This in turn brings harmony and a sense of peace and the opportunity to release those acquired instincts that no longer serve us and with that, new neuro-pathways are created.

With regular Reiki Healing, these links become the new and well established neural pathways. And with these new neuronal patterns we can begin a new experience life with improved wellbeing in all dimensions of our consciousness.

Our heightened survival instincts can relax and we can learn to more deeply trust our intuition!!

I was chatting to a client about Reiki and the complex journey of healing. She asked me how come I knew "all this stuff".

I replied that I made a conscious choice for personal and spiritual development in November 1983 after hitting a very low point in my life. I didn't know it at the time, but I then started the creation of new and healthier neuro-pathways.

When I was aligned as a Reiki Master on the 23rd of March 1996, I then chose to walk the pathway of healing and full time professional dedication to my continued conscious me.

I made a very clear choice to do whatever is necessary for me to heal!!

I have pursued that quest one day at a time. And I have not "given up".

There have been many times when I have felt isolated, betrayed, confused and sad. I've come close to giving up in despair however, I have not given up!

My quest is clear and focused for a more peaceful and conscious me and to make a contribution to the wellbeing of Mother Earth and all whose Life-Force she supports. And that I may walk more gently through each day. That's partly why I know all this stuff!!"



I found and have now observed, over these past 25 or so years, that learning Reiki and learning the skills that Reiki brings can bring us to a place where we can walk the pathway of life with more ease and grace. Reiki supports us to re-wire our neuro-pathways to live more peaceful lives.

Learning Reiki is a journey through the phases of Reiki One, Reiki Two, Reiki Two Extension and then the two phases of Masters.

With each phase we develop a deeper appreciation of ourselves and our wondrous unique journey through life.

It's a fabulous opportunity within life and heart-warming experience that can be embraced each day.

Wishing you peace and harmony each day

Gill

Mobile: 0407 561 607

Email: healinghouse@bigpond.com



Web: www.healinghouse.com.au

PO Box 9124 Newcomb 3219

*choose kindness
and laugh often.*

What's On at The Healing House?

Please contact Gill with any enquiries that you may have and to reserve your place at workshops and circles at The Healing House or to arrange your personal Reiki Healing Appointment.

It's Time to Heal!

[Personal Appointments](#)

[Reiki Healing Circles](#)

[Women's Wholistic Empowerment Gatherings and Meditation Circles](#)

[Spring Equinox](#)

[Reiki Workshops](#)

[Chakra Workshops](#)

[Reiki Workshops ...](#)

All Reiki Workshops are held in Geelong

Reiki

The next scheduled Reiki One is ... August 17 & 18

(\$345-/\$325 Concession)

The next scheduled Reiki Two is ... August 24 & 25

(\$445-/\$425- Concession)

The next scheduled Reiki Two Extension is ... September 21 & 29

(\$475-/\$450- Concession)

[Women's Wholistic Empowerment Gatherings](#)

[Geelong...](#)

*Held each

Tuesday Morning 10:30am – 11:30am

or

Wednesday Evening 7:15pm – 8:15pm

*Fee is only \$15- each time to come along

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Meditation Circle is held in Ivanhoe

This fortnightly gathering is an opportunity to both learn and expand your Meditation Skills with like-minded people.

Ivanhoe

10:30am – 12noon

Every Second Thursday

\$20-



Reiki Healing Circles ...

Geelong ...

an opportunity for those who have learnt Reiki with Gill to gain confidence with Reiki skills

Geelong

\$10-

Every second Tuesday Evening

7:15pm – 8:30pm



Understanding Your Chakras – The Chakra Workshop ...

There are two Chakra Workshops at The Healing House in Geelong...

Understanding Your Chakras- The Chakra Workshop and the Advanced Chakra Workshop

These fabulous workshops are designed for those who would like to learn the intricacies and wonders of The Chakra System and the influence it has within our lives. They are a fabulous asset for everyone who is interested healing... self-healing and offering healing to others.



Understanding Your Chakras-

The Chakra Workshop

30 November & 1 December

10:30am – 6pm Both Days

(\$425-/\$400 Concession)

Advanced Chakra Workshop

August 31st or December 14th

10:30am – 5pm

(\$225-/\$195 Concession)

Mission Statement:

To create a supportive space for heartfelt connection:

“Connection with self, Connection with others, Connection with purpose”

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Spring Equinox at The Healing House

Celebration, Illumination, Empowerment, Connection, Renewal and Rebirth

Mother Earth's annual journey around the Sun creates two Equinoxes. There are two Equinoxes that each year, where the length of day and night is the same. One heralds the start of Spring and the other at the start of Autumn.

Equinox is a Latin word meaning "equal night".

Each Equinox brings with it a change in season.

Throughout history, the Spring Equinox has been celebrated as a time of **Renewal** and **Rebirth**.

This is when day overtakes night and the days become longer and the nights are shorter.

The Equinox on the 23rd of September is the true start of Spring.

The opposite occurs in Autumn, when night overtakes day at the March Equinox. The Equinox in March is the true start of Autumn. It is then that the longer days give way to longer nights.

The Autumn Equinox theme is **Closure** and **Release**.

We will be having a special gathering at
The Healing House

At the Spring Equinox on **Sunday the 22nd of September**, there will be an afternoon gathering at **The Healing House in Geelong ... 1:30pm - 4pm**.

The fee is \$50-

We will connect with the natural harmonising energies that the Spring Equinox offers us.

Bookings are essential.

Please contact Gill to reserve your place at this very special afternoon of
Celebration, Illumination, Empowerment, Connection, Renewal and Rebirth



Gratitude

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